



LUNCH TIME IN THE MAD MONK KILLARNEY



STARTERS

Sizzling Deep Water Atlantic Prawns

Fresh Atlantic Prawns in Olive Oil, Chilli & Garlic served with Sourdough Bread

€13.95 Starter €22.95 Main

(1,2,10)

Sizzling Portmagee Crab Claws

Tossed in Garlic Butter served with Sourdough Bread

€14.95 Starter €24.95 Main

(1,2,5,10)

Quinlan's Award-Winning Smoked Salmon Salad

Horseradish Cream, Capers, Fine Leaves, Citrus Dressing served with a slice of Brown Bread

€14.50

(1,3,4,5,7,8)

Portmagee Crab Bake

Tomato and Avocado Salsa Salad with Sourdough Bread

€14.95

(1,2,5)

Warm Goats Cheese Salad

Honey Glazed Cheese, Beetroot, Roast Hazelnuts, Asparagus served with a Mixed Leaf Salad

€11.50

(5,6,8,10)

SIDES

Real Potato Chips €4

(10)

Fresh Onion Rings €4

(1)

Homemade Mushy Peas €4

(5)

Creamy Mash €4

(5,10)

Fresh Garden Salad €4

MAIN COURSES

Fish Finger Sambo

Our Beer Battered Fish Goujons of the day with Garlic Butter on an Onion Bap served with side Salad and Chips

€18.50

(1,4,5,8,10)

Salt and Chilli Chicken Salad

Crispy Chicken, Noodles, Carrot, Scallion Salad, Asian Aioli, Sweet Ginger and Toasted Sesame Dressing

€17.50

(1,3,5,6,7,8,9,10)

The Mad Monk Fish Burger

Pan Fried Homemade Fish Burger, Cheddar Cheese, Smoked Salmon Rasher, Basil Mayonnaise served with Side Salad and Chips

€18.95

(1,3,4,5,6,8,10)

The Vegan Monk Salad

Cajun Spiced Roasted Chickpeas, Baby Potatoes and Carrots on a Fresh Salad with Garden Peas, Peppers, Avocado and Affilla Cress

€16.95

(8,10)

Fish Tacos

Crispy Monkfish Chunks, Smoked Sweetcorn, Avocado & Jalapeño Salsa, Refried Beans, Carrigaline Garlic & Herb Cheese & Sriracha Aioli

€19.50

(1,3,4,5,8,10)

Traditional Beer Battered Fresh Fish & Chips

with Real Potato Chips & Mushy Peas, served with Lemon Wedge & Tartar Sauce

(Please ask your server for Fish of the day)

€18.95

(1,3,4,5,10)

Steak Sandwich

6oz Steak, Sautéed Onions and Mushrooms in Garlic Butter on our Garlic Sourdough Bread and Hand Cut Chips

€19.95

(1,5,8,10)

ALLERGENS

1= Gluten

2= Crustaceans

3= Eggs

4= Fish

5= Milk

6= Nuts

7= Celery

8= Mustard

9= Sesame Seeds

10= Sulphur Dioxide

11= Molluscs

seafoodbar.ie



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@The Mad Monk By Quinlan's



@Quinlansfish



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DESSERTS		BEVERAGES																																																				
<p>Warm Crumble of the Day Fresh from our Kitchen with Seasonal Fruit & a Crunchy Crumble Top €7 (1,5)</p> <p>Homemade Baileys Cheesecake Served with Freshly Whipped Cream €7 (1,5,10)</p> <p>Sticky Toffee Pudding Served with Salted Carmel Ice-cream €7 (1,3,5)</p> <p>Gluten Free Chocolate Brownie Served with Vanilla Ice-cream €7 (3,5,6)</p> <p>Homemade Lemon Tart Served with Freshly Whipped Cream €7 (1,3,5)</p> <p>Selection of Ice-Creams €7 (3,5)</p> <p>Teas & Coffees</p> <p>Barry's Irish Tea €2.50 Cappuccino €3.50 (5) Green Tea €2.50 Latte €3.50 (5) Peppermint Tea €2.50 Irish Coffee €6.95 (5) Camomile Tea €2.50 Bailey's Coffee €6.95 (5) Americano €3.50 French Coffee €6.95 (5) Espresso €3.50 Calypso Coffee €6.95 (5)</p>		<p>Beer</p> <table border="0"> <tr> <td></td> <td><i>Glass</i></td> <td><i>Pint</i></td> </tr> <tr> <td>Killarney Golden Spear Blonde</td> <td>€3.50</td> <td>€6.50</td> </tr> <tr> <td>Killarney Casey Brothers Stout</td> <td>€3.50</td> <td>€6.50</td> </tr> </table> <p>Bottled Beer</p> <table border="0"> <tr> <td>Killarney Devils Helles 500ml</td> <td>€6.50</td> </tr> <tr> <td>Killarney Full Circle IPA 500ml</td> <td>€6.50</td> </tr> <tr> <td>Cronins Cider 500ml</td> <td>€6.00</td> </tr> <tr> <td>Corona 330ml</td> <td>€6.00</td> </tr> <tr> <td>Peroni Gluten Free 330ml</td> <td>€5.20</td> </tr> <tr> <td>Cronins Cider 0% 330ml</td> <td>€5.00</td> </tr> <tr> <td>Heineken 0% 330ml</td> <td>€5.00</td> </tr> </table> <p>Mixers & Minerals</p> <table border="0"> <tr> <td>Orange Juice</td> <td>€2.50</td> </tr> <tr> <td>Apple Juice</td> <td>€2.50</td> </tr> <tr> <td>Appetiser</td> <td>€3.50</td> </tr> <tr> <td>Fanta</td> <td>€3.00</td> </tr> <tr> <td>Sprite</td> <td>€3.00</td> </tr> <tr> <td>Coke/Coke Zero/Diet Coke</td> <td>€3.00</td> </tr> <tr> <td>Schweppes Tonic/Slimline</td> <td>€3.00</td> </tr> <tr> <td>Schweppes Ginger Ale</td> <td>€3.00</td> </tr> <tr> <td>Schweppes Soda Water</td> <td>€3.00</td> </tr> <tr> <td>Schweppes White Lemonade</td> <td>€3.00</td> </tr> <tr> <td>Fever-Tree Elder flower</td> <td>€4.00</td> </tr> <tr> <td>Fever-Tree Tonic</td> <td>€4.00</td> </tr> <tr> <td>Ballygowan Still/Sparkling 330ml</td> <td>€3.00</td> </tr> <tr> <td>Ballygowan Still/Sparkling 750ml</td> <td>€5.00</td> </tr> </table>			<i>Glass</i>	<i>Pint</i>	Killarney Golden Spear Blonde	€3.50	€6.50	Killarney Casey Brothers Stout	€3.50	€6.50	Killarney Devils Helles 500ml	€6.50	Killarney Full Circle IPA 500ml	€6.50	Cronins Cider 500ml	€6.00	Corona 330ml	€6.00	Peroni Gluten Free 330ml	€5.20	Cronins Cider 0% 330ml	€5.00	Heineken 0% 330ml	€5.00	Orange Juice	€2.50	Apple Juice	€2.50	Appetiser	€3.50	Fanta	€3.00	Sprite	€3.00	Coke/Coke Zero/Diet Coke	€3.00	Schweppes Tonic/Slimline	€3.00	Schweppes Ginger Ale	€3.00	Schweppes Soda Water	€3.00	Schweppes White Lemonade	€3.00	Fever-Tree Elder flower	€4.00	Fever-Tree Tonic	€4.00	Ballygowan Still/Sparkling 330ml	€3.00	Ballygowan Still/Sparkling 750ml	€5.00
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<p>Vega Medien Sparkling Rosé, 100% Garnacha €8 €23 €32 This pale pink cava with primary aromas of violets and roses in combination with ripe red fruits. The palate is soft, very creamy, fresh and elegant.</p> <p>Babbington Brook Chardonnay, Australia €7.50 €21 €30 A very attractive, pure ripe chardonnay with notes of pear and apple with a crisp acidity.</p> <p>Lez Crouzes, Colombard, France €7.50 €19.50 €30 Pale yellow with exotic fruit aromas such as pineapple, passion fruit & hints of citrus. Very smooth, a balanced palate with good acidity & freshness</p> <p>Nuevo Mundo Sauvignon Blanc, Chile €8 €21 €32 Intense and fresh aromas of ripe peach, citrus and tropical fruits. A crisp acidity with a lingering finish.</p> <p>Ritratti Pinot Grigio, Italy €9 €24 €36 Hints of pear and apricot with base notes of flowers and honey. The tannins are soft and enveloping on the palate.</p>		<p>Casa Roja Tempranillo, Spain €7.50 €21 €30 Complex ripe fruit aromas with subtle spicy hints of vanilla and caramel. Round and well balanced.</p> <p>Zagalia Montepulciano, Italy €7.50 €21 €30 Ruby red with violet in colour. Intense hints of spices. Dry, sapid and slightly tannic.</p> <p>Les Crouzes Merlot, France €8 €22 €32 Delightful nose with intense red berry aromas with hints of vanilla. Velvety, full flavoured palate with a lingering finish.</p> <p>Piedra Negra Malbec, Argentina €8.50 €22 €34 Summer fruits with touches of black pepper. Concentrated palate with red fruits, well structured with soft, harmonious tannins.</p> <p>Les Argelieres, Grand Cuvee, Pinot Noir, France €9 €24 €36 Lovely aromas of raspberry and cherry, subtle smoky and peppery hints with notes of thyme. Fruity, elegant, well balanced with a long finish.</p>																																																				

All wines contain sulphites



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