

### LUNCH TIME AT THE MAD MONK KILLAREY



#### STARTERS

# Sizzling Deep Water Atlantic Prawns

Fresh Atlantic Prawns in Olive Oil, Chilli & Garlic served with Sourdough Bread

€13.95 Starter €22.95 Main

(1,2,10)

## **Sizzling Portmagee Crab Claws**

Tossed in Garlic Butter served with Sourdough Bread

€14.95 Starter €24.95 Main

(1,2,5,10)

# Quinlan's Award-Winning Smoked Salmon Salad

Horseradish Cream, Capers, Fine Leaves, Citrus Dressing served with a slice of Brown Bread

€14.50

(1,3,4,5,7,8)

#### **Portmagee Crab Bake**

Tomato and Avocado Salsa Salad with Sourdough Bread

€14.95

(1,2,5)

#### **Warm Goats Cheese Salad**

Honey Glazed Cheese, Beetroot, Roast Hazelnuts, Asparagus served with a Mixed Leaf Salad

€11.50

(5,6,8,10)

#### **SIDES**

Real Potato Chips €4

(10)

Fresh Onion Rings €4

(1)

**Homemade Mushy Peas €4** 

(5)

**Creamy Mash €4** 

(5,10)

Fresh Garden Salad €4

4=Fish

#### MAIN COURSES

# Fish Finger Sambo

Our Beer Battered Fish Goujons of the day with Garlic Butter on an Onion Bap served with side Salad and Chips.

€18.50

(1,4,5,8,10)

#### Salt and Chilli Chicken Salad

Crispy Chicken, Noodles, Carrot, Scallion Salad, Asian Aioli, Sweet Ginger and Toasted Sesame Dressing

€17.50

(1,3,5,6,7,8,9,10)

## The Mad Monk Fish Burger

Pan Fried Homemade Fish Burger, Cheddar Cheese, Smoked Salmon Rasher, Basil Mayonnaise served with Side Salad and Chips

€18.95

(1,3,4,5,6,8,10

# The Vegan Monk Salad

Cajun Spiced Roasted Chickpeas, Baby Potatoes and Carrots on a Fresh Salad with Garden Peas, Peppers, Avocado and Affilla Cress

€16.95

(8,10)

#### **Fish Tacos**

Crispy Monkfish Chunks, Smoked Sweetcorn, Avocado & Jalapeño Salsa, Refried Beans, Carrigaline Garlic & Herb Cheese & Sriracha Aioli

€19.50

(1,3,4,5,8,10)

# Traditional Beer Battered Fresh Fish & Chips

with Real Potato Chips & Mushy Peas, served with Lemon Wedge & Tartar Sauce

(Please ask your server for Fish of the day)

€18.95

(1,3,4,5,10)

# **Steak Sandwich**

6oz Steak, Sautéed Onions and Mushrooms in Garlic Butter on our Garlic Sourdough Bread and Hand Cut Chips

€19.95

(1,5,8,10)

#### **ALLERGENS**

5= Milk

9-

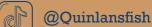
9= Sesame Seeds

7= Celery 8= Mustard 10= Sulphur Dioxide 11= Molluscs

seafoodbar.ie











# LUNCH TIME AT THE MAD MONK KILLAREY



DESSERTS	BEVERAGES
Warm Crumble of the Day	Beer Glass Pint
Fresh from our Kitchen with Seasonal Fruit & a Crunchy	Killarney Golden Spear Blonde €3.50 €6.50
Crumble Top	Killarney Casey Brothers Stout €3.50 €6.50
€7	
(1,5)	Bottled Beer
Homemade Baileys Cheesecake	Killarney Devils Helles 500ml €6.50
Served with Freshly Whipped Cream	Killarney Full Circle IPA 500ml €6.50
€7 (1,5,10)	Cronins Cider 500ml €6.00
Sticky Toffee Pudding	Corona 330ml €6.00
Served with Salted Carmel Ice-cream	Peroni Gluten Free 330ml €5.20
€7	Cronins Cider 0% 330ml €5.00
(1,3,5)	Heineken 0% 330ml €5.00
Gluten Free Chocolate Brownie	Hemeken 076 330mm
Served with Vanilla Ice-cream	Mixers & Minerals
€7	Orange Juice €2.50
(3,5,6)	Apple Juice €2.50
Homemade Lemon Tart	Appetiser €3.50
Served with Freshly Whipped Cream	Fanta €3.00
€7 (1,3,5)	Sprite €3.00
Selection of Ice-Creams	Coke/Coke Zero/Diet Coke €3.00
€7	Schweppes Tonic/Slimline €3.00
(3,5)	Schweppes Ginger Ale €3.00
	Schweppes Soda Water €3.00
Teas & Coffees	Schweppes White Lemonade €3.00
	Fever-Tree Elder flower €4.00
Barry's Irish Tea €2.50 Cappuccino €3.50 (5) Green Tea €2.50 Latte €3.50 (5)	Fever-Tree Tonic €4.00
Green Tea €2.50 Latte €3.50 (5) Peppermint Tea €2.50 Irish Coffee €6.95 (5)	Ballygowan Still/Sparkling 330ml €3.00
Camomile Tea €2.50 Bailey's Coffee €6.95 (5)	Ballygowan Still/Sparkling 750ml €5.00
Americano €3.50 French Coffee €6.95 (5)	
Espresso €3.50 Calypso Coffee €6.95 (5)	
ROSÉ & WHITE WINE	RED WINE
Vega Medien Sparkling Rosé, 100% Garnacha €8 €23 €	32 Casa Roja Tempranillo, Spain €7.50 €21 €30
This pale pink cava with primary aromas of violets	Complex ripe fruit aromas with subtle spicy hints
and roses in combination with ripe red fruits. The	of vanilla and caramel. Round and well balanced.
palate is soft, very creamy, fresh and elegant.	
Babbington Brook Chardonnay, Australia €7,50 €21 €	Zagalia Montepulciano, Italy Ruby red with violet in colour. Intense hints of €7.50 €21 €30
Babbington Brook Chardonnay, Australia €7.50 €21 €  A very attractive, pure ripe chardonnay with notes	spices. Dry, sapid and slightly tannic.
of pear and apple with a crisp acidity.	spices. 217, supra and singinity tannie.
• • •	Les Crouzes Merlot, France
Lez Crouzes, Colombard, France €7.50 €19.50 €3	
Pale yellow with exotic fruit aromas such as	hints of vanilla. Velvety, full flavoured palate with a
pineapple, passion fruit & hints of citrus. Very smooth, a balanced palate with good acidity &	lingering finish.
freshness	Piedra Negra Malbec, Argentina
	Summer fruits with touches of black pepper. €8.50 €22 €34
Nuevo Mundo Sauvignon Blanc, Chile €8 €21 €3	Concentrated parate with real rate, were structured
Intense and fresh aromas of ripe peach, citrus and	with soft, harmonious tannins.
tropical fruits. A crisp acidity with a lingering finish.	Les Argelieres, Grand Cuvee, Pinot Noir, France €9 €24 €36
music.	Lovely aromas of raspberry and cherry, subtle
Ritratti Pinot Grigio, Italy €9 €24 €3	
Hints of pear and apricot with base notes of	Fruity, elegant, well balanced with a long finish.
flowers and honey. The tannins are soft and	
enveloping on the palate.	

\*All wines contain sulphites\*





